

UNCRC Symbols Resource

The United Nations Convention on the Rights of the Child (UNCRC) Symbols resource has been designed to be used as a symbol communication tool.

The detail on the back of the card is to support a facilitator with their understanding of the UNCRC.

Children, young people and adult practitioners helped to adapt 42 articles of the UNCRC into symbols.



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for **Wales**



Adnodd Symbolau CCUHP

T Mae adnodd symbolau Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn (CCUHP) wedi cael ei greu i'w ddefnyddio er mwyn cyfathrebu drwy symbolau.

Pwrpas y manylion ar gefn y cerdyn yw helpu hwylusydd i ddeall CCUHP.

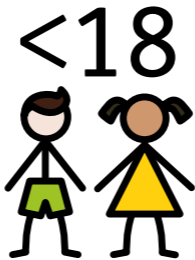
Bu plant, pobl ifanc ac oedolion sy'n ymarferwyr yn helpu i addasu 42 erthygl Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn (CCUHP) yn symbolau.



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for **Wales**

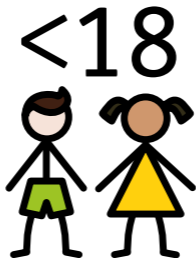


1 UN Convention on the Rights of the Child



Everyone under 18
has rights

1 Confensiwn y CU ar Hawliau'r Plentyn



Mae hawliau gan bawb
sydd o dan 18 oed

2 UN Convention on the Rights of the Child



All children have these rights no matter what their differences are

2 Confensiwn y CU ar Hawliau'r Plentyn



Mae gan bob plentyn yr
hawliau yma, beth bynnag
yw eu gwahaniaethau

3 UN Convention on the Rights of the Child



Adults must do
what's best for me

3 Confensiwn y CU ar Hawliau'r Plentyn



Rhaid i oedolion wneud
beth sydd orau i fi

4 UN Convention on the Rights of the Child



**Governments must protect
and respect my rights**

4 Confensiwn y CU ar Hawliau'r Plentyn



Rhaid i lywodraethau
ddiogelu a pharchu
fy hawliau

5 UN Convention on the Rights of the Child



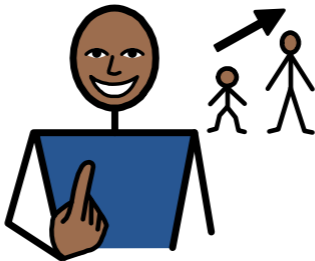
My family should help me know and use my own rights

5 Confensiwn y CU ar Hawliau'r Plentyn



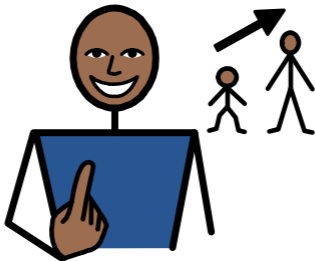
Dylai fy nheulu helpu
fi i wybod am fy
hawliau a'u defnyddio

6 UN Convention on the Rights of the Child



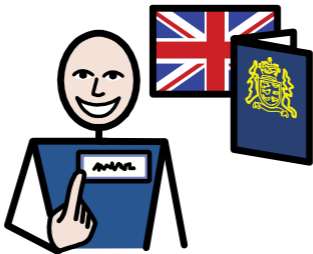
I have the right to live
and grow as a person

6 Confensiwn y CU ar Hawliau'r Plentyn



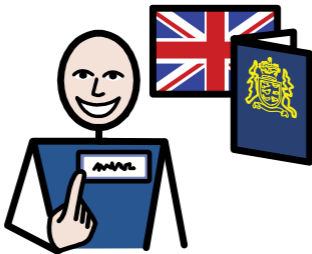
Mae gen i hawl i fyw
a thyfu fel person

7 UN Convention on the Rights of the Child



**I have a right to a name
and to belong to a country**

7 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i enw
ac i berthyn i wlad

8 UN Convention on the Rights of the Child



I have a right
to an identity

8 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl
i hunaniaeth

9 UN Convention on the Rights of the Child



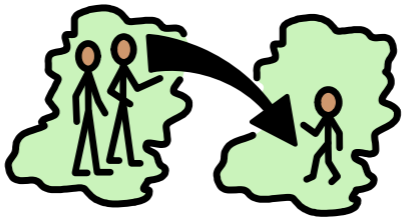
**I have a right to live
with my family if they
can keep me safe**

9 Confensiwn y CU ar Hawliau'r Plentyn



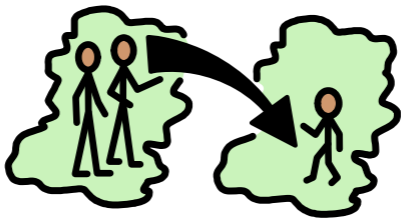
Mae gen i hawl i fyw gyda
fy nheulu os gallan nhw
gadw fi'n ddiogel

10 UN Convention on the Rights of the Child



I have the right to see
my parents if they live in
another country

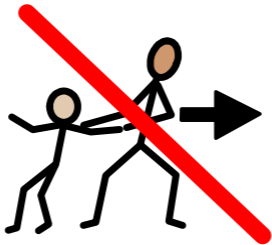
10 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i weld fy
rhieni os ydyn nhw'n byw
mewn gwlad arall

11

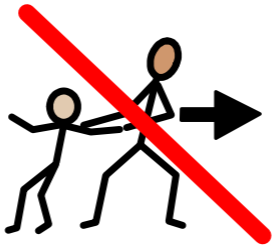
UN Convention on the Rights of the Child



I have the right not
to be taken out of my
country illegally

11

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio â
chael fy nghymryd allan o'm
gwlad yn anghyfreithlon

12 UN Convention on the Rights of the Child



I have the right to
be listened to, and
taken seriously

12 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i gael
gwrandawriad, ac i gael
fy nghymryd o ddifri

13 UN Convention on the Rights of the Child



I have the right to
get information and
share my views

13 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i
gael gwybodaeth a
rhannu fy marn

14

UN Convention on the Rights of the Child



I have the right to have my own thoughts and beliefs and to choose my religion, with help from my parents

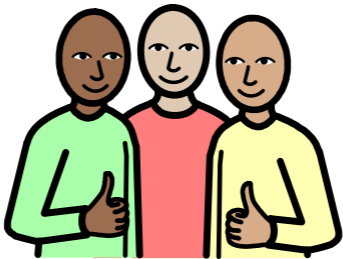
14

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i gael fy
meddyliau a'm cred fy hun,
ac i ddewis fy nghrefydd,
gyda help fy rhieni

15 UN Convention on the Rights of the Child



I have the right to
meet with friends
and join groups

15 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i
gwrdd â ffrindiau
ac ymuno â grwpiau

16 UN Convention on the Rights of the Child



**I have the right to keep
some things private**

16 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i gadw
rhai pethau'n breifat

17 UN Convention on the Rights of the Child



I have the right to get information in lots of ways, as long as it's safe

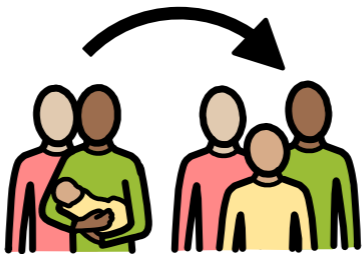
17

Confensiwn y CU ar Hawliau'r Plentyn



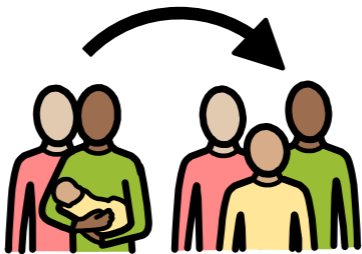
Mae gen i hawl i
dderbyn gwybodaeth
mewn llawer o ffyrdd,
tra bod hynny'n ddiogel

18 UN Convention on the Rights of the Child



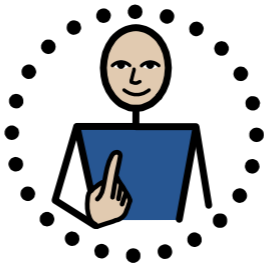
**I have the right to support
from both parents, if possible**

18 Confensiwn y CU ar Hawliau'r Plentyn



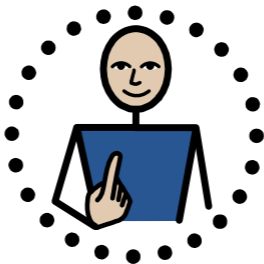
Mae gen i hawl i
gefnogaeth gan y ddau
riant, os yw hynny'n bosibl

19 UN Convention on the Rights of the Child



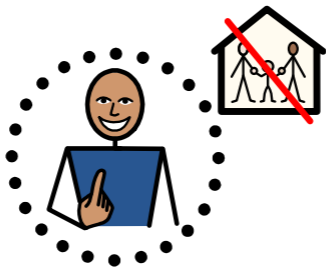
I have the right to be protected from being hurt or badly treated

19 Confensiwn y CU ar Hawliau'r Plentyn



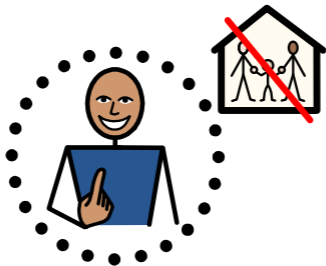
Mae gen i hawl i gael fy
amddiffyn rhag niwed
neu driniaeth wael

20 UN Convention on the Rights of the Child



I have the right to be looked after if I can't live with my own family

20 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i dderbyn
gofal os wyf fi'n methu byw
gyda fy nheulu fy hun

21

UN Convention on the Rights of the Child



**I have the right to
have the best care
if I am adopted**

21

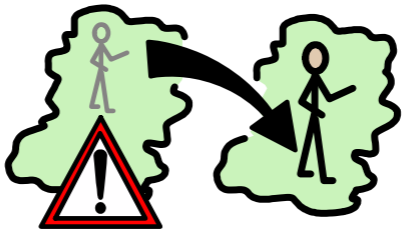
Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i'r
gofal gorau os caf
fi fy mabwysiadu

22

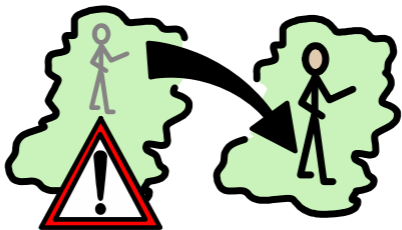
UN Convention on the Rights of the Child



If I am a refugee, I have a right to help, protection, and the same rights as children born in this country

22

Confensiwn y CU ar Hawliau'r Plentyn



Os wyf fi'n ffoadur, mae gen i hawl i help, amddiffyniad a'r un hawliau â phlant a gafodd eu geni yn y wlad hon

23

UN Convention on the Rights of the Child



**If I am disabled, I have
the right to special care
and education**

23

Confensiwn y CU ar Hawliau'r Plentyn



Os wyf fi'n anabl, mae
gen i hawl i ofal ac
addysg arbennig

24

UN Convention on the Rights of the Child



I have the right to be
as healthy as possible

24

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i fod
mor iach â phosib

25 UN Convention on the Rights of the Child



If I am not living with my family, people should keep checking I am safe and happy

25 Confensiwn y CU ar Hawliau'r Plentyn



Os nad wyf fi'n byw gyda
fy nheulu, dylai pobl
wirio'n gyson mod i'n
ddiogel ac yn hapus

26 UN Convention on the Rights of the Child



If my family need it,
they should get money
to help bring me up

26 Confensiwn y CU ar Hawliau'r Plentyn



Os bydd angen hynny ar
fy nheulu, dylen nhw gael
arian i helpu i fagu fi.

27

UN Convention on the Rights of the Child



**I have the right to
have a proper home,
food and clothing**

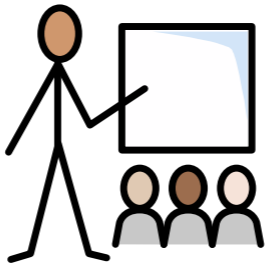
27

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl
i gael cartref addas,
bwyd a dillad

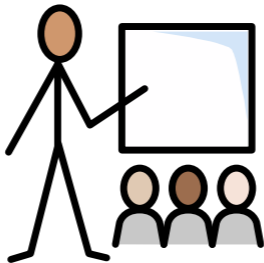
28 UN Convention on the Rights of the Child



**I have the right
to an education**

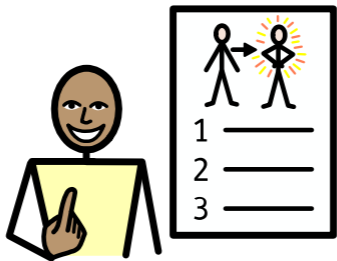
28

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl
i gael addysg

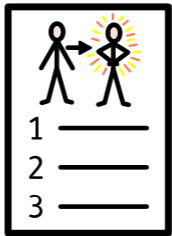
29 UN Convention on the Rights of the Child



I have the right to
an education which
develops my personality,
talents and abilities

29

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i addysg sy'n
datblygu fy mhersonoliaeth,
y doniau sydd gen i,
a'm galluoedd

30 UN Convention on the Rights of the Child



I have a right to speak my own language and to follow my family's way of life

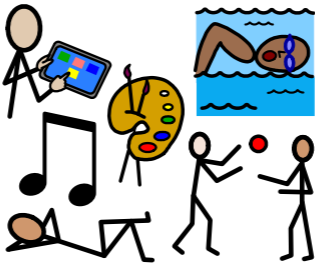
30 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i siarad fy
iaith fy hun ac i ddilyn
ffordd fy nheulu o fyw

31

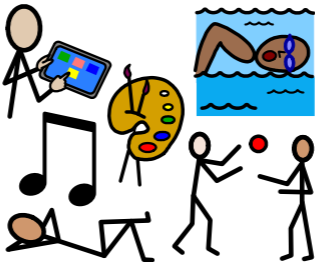
UN Convention on the Rights of the Child



I have a right to
rest, relax and play

31

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i orffwys,
ymlacio a chwarae

32

UN Convention on the Rights of the Child



I have the right not to have to work unless I am old enough and it is safe

32

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio â
gorfod gweithio oni bai
mod i'n ddigon hen a
bod hynny'n ddiogel

33

UN Convention on the Rights of the Child



I have the right to
be protected from
dangerous drugs

33

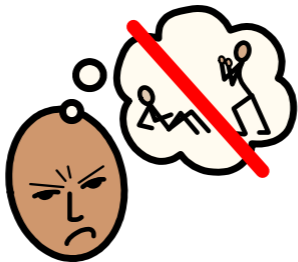
Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i gael
fy amddiffyn rhag
cyffuriau peryglus

34

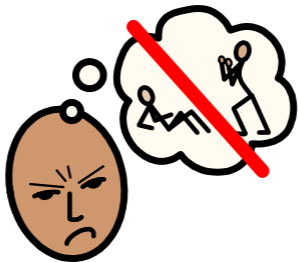
UN Convention on the Rights of the Child



I have the right not to be touched in ways that make me feel uncomfortable, unsafe or sad

34

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio â
chael fy nghyffwrdd mewn
ffyrdd sy'n gwneud i fi
deimlo'n anghyfforddus,
yn anniogel neu'n drist

35

UN Convention on the Rights of the Child



I have the right not
to be kidnapped, sold
or trafficked

35

Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio â
chael fy nghipio, fy
ngwerthu na fy masnachu

36 UN Convention on the Rights of the Child



I have the right not to be used by adults in ways that harm me

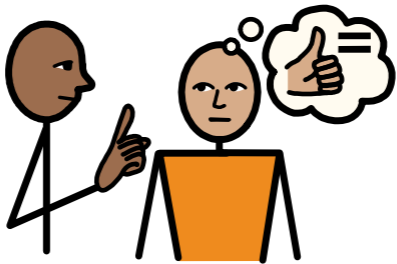
36 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio â
chael fy nefnyddio gan
oedolion mewn ffyrdd
sy'n fy niweidio

37

UN Convention on the Rights of the Child



If I break the law, I have the right not to be punished in a cruel or unnecessary way

37

Confensiwn y CU ar Hawliau'r Plentyn



Os bydda i'n torri'r gyfraith,
mae gen i hawl i beidio â
chael fy nghosbi mewn ffordd
greulon neu ddiangen

38 UN Convention on the Rights of the Child



I have the right not to
join the armed forces

38 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i beidio ag
ymuno â'r lluoedd arfog

39

UN Convention on the Rights of the Child



**I have the right to help
to get better if I have been
hurt or badly treated**

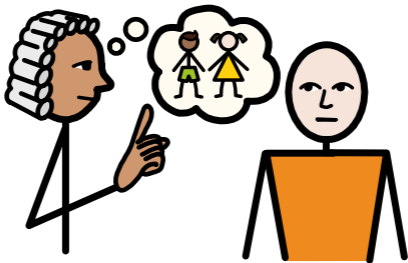
39

Confensiwn y CU ar Hawliau'r Plentyn



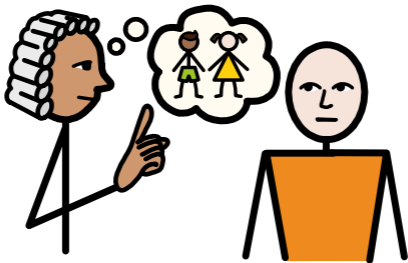
Mae gen i hawl i dderbyn
help i wella os wyf fi
wedi cael fy anafu neu
fy nhrin yn wael

40 UN Convention on the Rights of the Child



I have the right to be treated as a child if I break the law

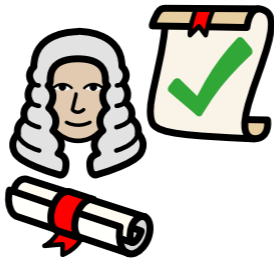
40 Confensiwn y CU ar Hawliau'r Plentyn



Mae gen i hawl i gael fy
nhrin fel plentyn os
bydda i'n torri'r gyfraith

41

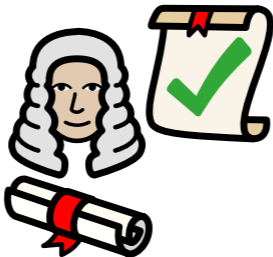
UN Convention on the Rights of the Child



If the laws in my country protect me better than the articles of the UNCRC then those laws should stay

41

Confensiwn y CU ar Hawliau'r Plentyn



Os yw cyfreithiau fy ngwlad
yn rhoi amddiffyniad gwell
i fi nag erthyglau CCUHP,
dylai'r cyfreithiau yna aros

42

UN Convention on the Rights of the Child



Everyone should know
about children's rights

42

Confensiwn y CU ar Hawliau'r Plentyn



Dylai pawb wybod
am hawliau plant



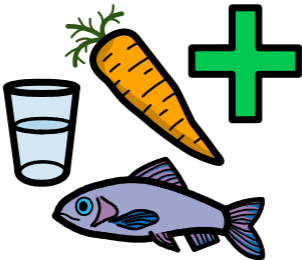
UN Convention on the Rights of the Child



Survival



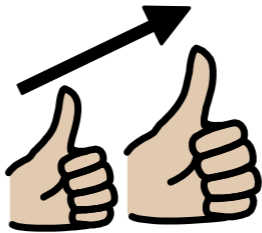
Confensiwn y CU ar Hawliau'r Plentyn



Goroesi



UN Convention on the Rights of the Child



Development



Confensiwn y CU ar Hawliau'r Plentyn



Datblygu



UN Convention on the Rights of the Child



Participation



Confensiwn y CU ar Hawliau'r Plentyn



Cyfranogi



UN Convention on the Rights of the Child



Protection



Confensiwn y CU ar Hawliau'r Plentyn



Amddiffyn