

# Monthly Matter

## October 2024



**Comisiynydd  
Plant Cymru**

Children's  
Commissioner  
for Wales



Last month, we asked you about where some foods and energy drinks are in shops.

Here's what you told us:



# In September 1800 of you told us your views on food placement in shops and energy drinks



- 31% of you think that where sugary, salty, or fatty food is displayed makes a difference to whether you buy them or not



- 38% of you said that deals like buy one get one free make you want to buy foods like sweets, chocolates and crisps



- 43% of you think that stopping restaurants and cafes from giving free refills on fizzy drinks is a bad idea



- 62% of you think energy drinks should not be sold to children under 16

# October's Monthly Matter is about using smartphones in school



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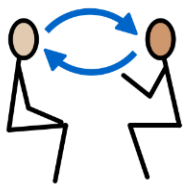
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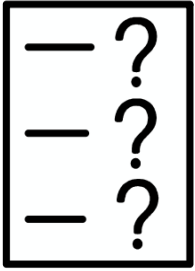
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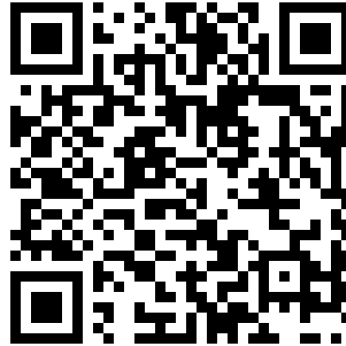
## 1) Discuss in pairs or as a group:

- Do you have a smartphone?
- Do you take it to school? Why?
- Do you think schools should have more rules about using smart phones?



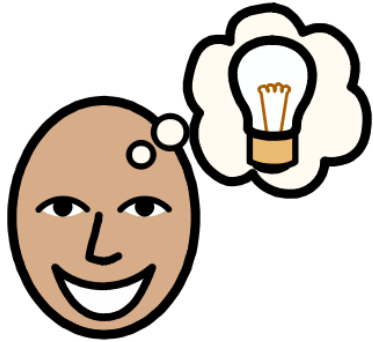


2) Share your ideas with us by using the **QR code or survey link**  
(Each young person can do this individually or a teacher can do it on behalf of the class.)



<https://online1.snapsurveys.com/a3314c>





Teachers can also share their personal views in the survey







Diolch!  
Thanks!

Our next Monthly Matter will be available on our website on Monday, November 4th.

