

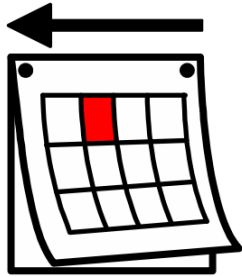
Mater y Mis – Rhagfyr 2024  
Monthly Matter – December 2024



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Plant Cymru**  
Children's  
Commissioner  
for **Wales**

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@childcomwales

comisiynyddplant.cymru  
childrenscommissioner.wales



Mis diwethaf, fe wnaethom ni ofyn i chi eich barn am yr amgylchedd.

Dyma beth ddywedodd bron 1,000 ohonoch:

Last month, we asked you about the Environment.

Here's what almost 1,000 of you said:





- **Dim ond 20% ohonoch oedd yn gwybod beth mae Llywodraeth Cymru yn ei wneud i helpu'r amgylchedd**
- Only 20% of you knew what the Welsh Government are doing to help the environment



- **Roedd 46% ohonoch yn teimlo bod gennych chi ddigon o wybodaeth yn barod ar helpu'r amgylchedd**
- 46% of you knew felt you had enough information already on helping the environment



- **Gartref, mae llawer ohonoch yn aildefnyddio bagiau siopa, yn diffodd goleuadau, ac yn defnyddio biniau gwastraff bwyd**
- At home, lots of you are re-using shopping bags, turning off lights, and using food waste bins



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Linc 1af - <https://www.gweithreduarhinsawdd.llyw.cymru/>

2il linc - <https://sizeofwales.org.uk/cy/adnoddau-addysg/>

1st link - <https://www.climateaction.gov.wales/>

2nd link - <https://sizeofwales.org.uk/education-resources/>



**Mae Mater mis Rhagfyr yn ymwneud a  
Diwrnod Hawliau Dynol**

**December's Monthly Matter is about Human  
Rights Day**



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 Fideo Cymraeg – Go to the next slide for the English video



Linc i'r fideo - <https://youtu.be/s9QkvUpUmLo>

 English video



Link to the video - <https://youtu.be/18bR9a32CGE>



Darllenwch y datganiadau ar y sleidiau nesaf.

- Beth yw eich barn?
- Sut ydy'r syniadau yma yn effeithio ar eich hawliau?
- Mae rhai hawliau penodol ar y sleid i'ch helpu.

Read the statements on the next slides.

- What's your opinion?
- How do these ideas affect your rights?
- There are specific rights on the slides to help you.



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Dylech chi orfod aros  
yn yr ysgol neu'r coleg tan eich bod chi'n 18 oed //  
You should have to stay in school or college  
until you're 18

Hawl i ddweud eich dweud //  
Right to have your say

Hawl i addysg //  
Right to an education

Hawl i wybodaeth //  
Right to information

Hawl i gyrraedd eich potensial //  
Right to reach your potential





Dylai'r Llywodraeth atal unrhyw un sy'n iau na 16  
rhag berchen ar *smartphone* //

The Government should ban anyone under 16 from  
owning a smartphone

Hawl i  
ddweud eich  
dweud //  
Right to have  
your say

Hawl i wybodaeth //  
Right to information

Hawl i oedolion i  
wneud beth sydd  
orau i chi //  
Right for adults to  
do what's best for  
you

Hawl i ymuno â  
grwpiau a chlybiau  
//  
Right to join with  
groups and clubs

Hawl i ymlacio a  
chwarae //  
Right to relax and  
play

Hawl i fod yn  
ddiogel //  
Right to be safe

Hawl i addysg  
//  
Right to an  
education

Hawl i gyrraedd eich  
potensial //  
Right to reach your  
potential



**Ddylech chi ddim gael eich caniatâu  
i ymuno â phrotest heb eich rhieni //  
You should not be allowed to join a  
protest without your parents**

Hawl i oedolion i  
wneud beth sydd  
orau i chi //  
Right for adults to  
do what's best for  
you

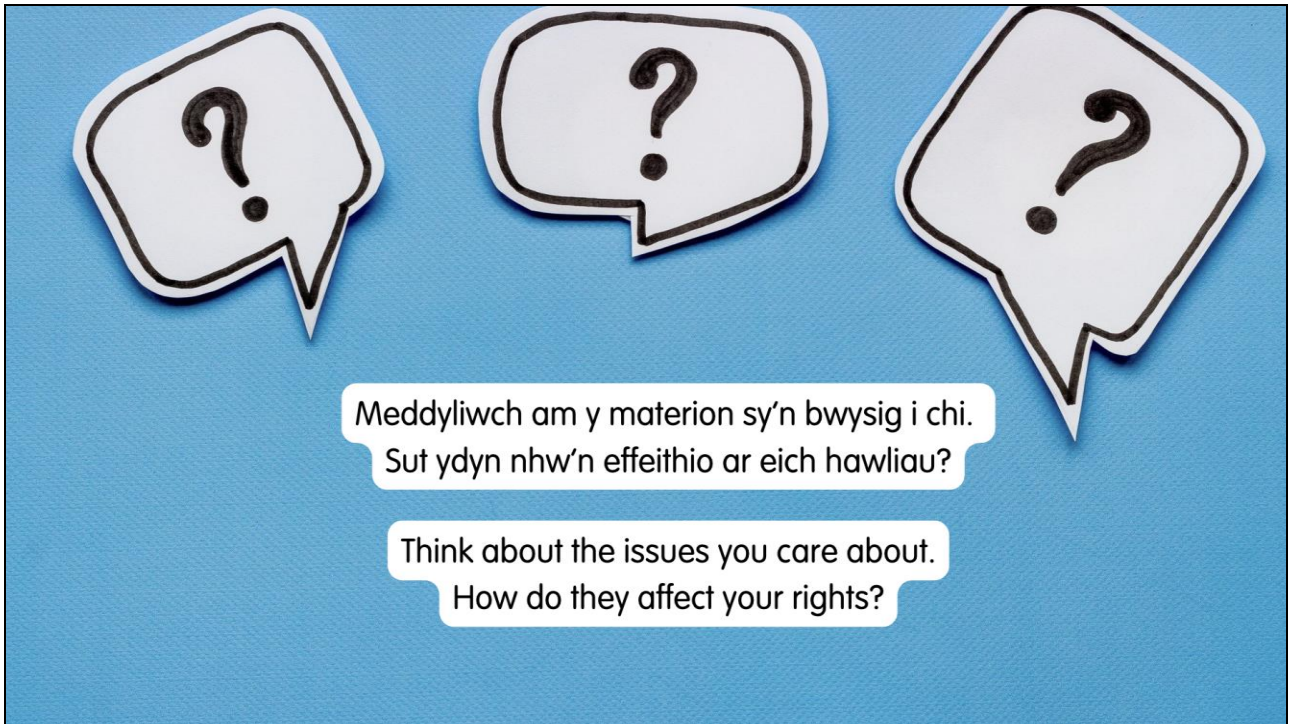
Hawl i  
ddweud eich  
dweud //  
Right to have  
your say

Hawl i fod yn  
ddiogel //  
Right to be safe

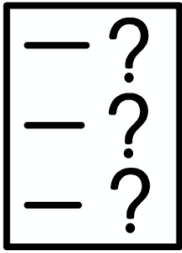
Hawl i ymuno â  
grwpiau a chlybiau  
//  
Right to join with  
groups and clubs

Hawl i wybodaeth //  
Right to information

Hawl i breifatrwydd //  
Right to privacy



There are supporting materials on our web page for children with additional learning needs



Rhannwch eich syniadau gyda ni **wrth ddefnyddio cod QR yr holiadur neu'r ddolen**

(Gall pob person ifanc wneud hyn yn unigol neu gall athro ei wneud ar ran y dosbarth)

Tell us how we can help you know more about your rights through this **QR code or survey link**

(Each young person can do this individually or a teacher can do it on behalf of the class)



<https://online1.snapsurveys.com/p5es7e>



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Survey link -

Athrawon – os rydych chi eisiau ni gysylltu gyda chi'n uniongyrchol gydag adnoddau hawliau a syniadau am weithgareddau, rhowch eich enw [ar yr ebost gwag yma](#) ac anfonwch nôl aton ni. Diolch!

Teachers – if you want us to get in touch with you directly with rights resources and ideas, add your name to [this blank email and press send](#). Diolch!



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Linc i'r ebost: [post@complantcymru.org.uk](mailto:post@complantcymru.org.uk)

Link to the email: [post@childcomwales.org.uk](mailto:post@childcomwales.org.uk)



Diolch!  
Thanks!

Bydd Mater y Mis nesaf ar gael ar ein gwefan yn y flwyddyn newydd, **Dydd Llun, y 6ed o Ionawr**

Our next Monthly Matter will be available on our website in the New Year, **Monday, 6 January**



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