

Nodiadau hwyluswyr

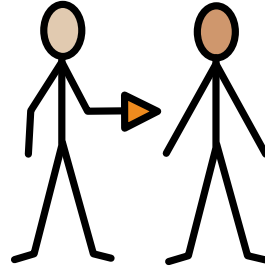
Mae'r ychydig dudalennau nesaf yma wedi'u cynllunio i'ch helpu i ofyn rhai cwestiynau i'r dosbarth am hylendid y geg.

Defnyddiwch ddolen yr arolwg i gyflwyno atebion plant a phobl ifanc i'r tri chwestiwn hyn.

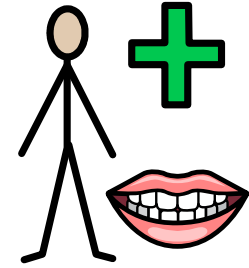


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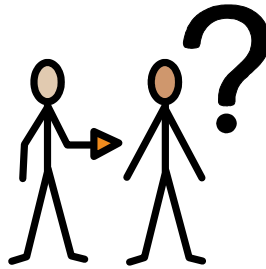
wedi bod i'r



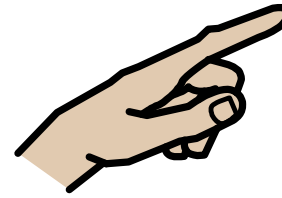
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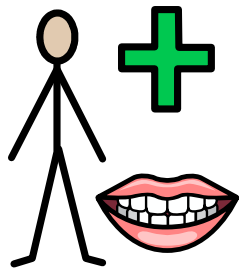
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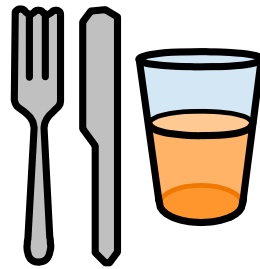
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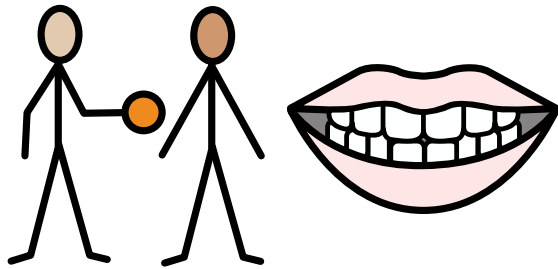
Pa



fwyd a diodydd



sy'n afiach

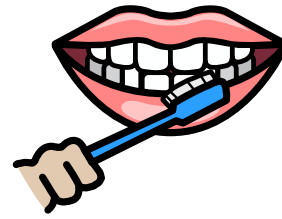
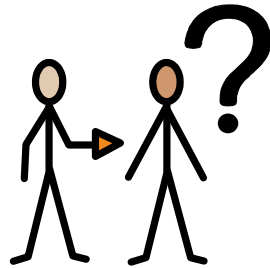


i'ch dannedd





Pryd



chi'n brwsio'ch dannedd?