

Monthly Matter – April 2025



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Children's
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Last month, we asked you how you felt about school toilets.

And here's what you told us:



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- 56% of you were not happy with your school toilets



- 62% of you can go to the toilet in lesson time



- When it comes to toilet paper, 21% of you said toilet paper was either not available or hardly ever available



- 57% of you thought the toilets were clean or not too bad

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It's clear that school toilets are a problem for some children and young people across Wales.

We'll be sharing your responses with the Welsh Government, local councils, and other people who could help change things.

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April's Monthly Matter is about World Health Day and we'd like to know more about how you look after your teeth.

Remember: Article 24 – Right to be healthy



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Link to the video: <https://youtu.be/gN8mdqtzcaQ>



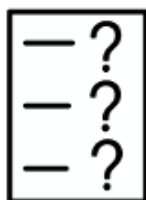
Discuss in pairs or as a group:

- Since the start of the school year, have you seen a dentist?
- What foods and drinks should we be more careful with when it comes to teeth?
- When should you brush? How long for? How often? Do you rinse after you brush or not?



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There are supporting materials on our web page for children with additional learning needs



Share your ideas with us by using the **QR code** or [survey link](#)

(Each young person can do this individually or a teacher can do it on behalf of the class)



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Survey link -

Top Tips – How you can look after your teeth



Link to video: <https://www.youtube.com/watch?v=KIIWUJ0y3x4>



And a couple more!

- Brush your teeth twice a day – one of these should be just before you go to bed
- Brush for two minutes

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If you are worried about anything after today's session you should speak to a **trusted adult**.



You could also contact our Advice team:

- 0808 801 1000
- advice@childcomwales.org.uk
- www.childcomwales.org.uk



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You could also contact & speak to:

Childline – 0800 1111

Meic – 080880 23456

Useful links

[Information for parents and carers](#)

[Information for schools and nurseries](#)

[Foundation phase resources](#)

[KS2 resources](#)



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Diolch!
Thanks!

Our next Monthly Matter will be available on our website on
Tuesday 6 May



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